



ELEMENTARY  
MENU



# SCHOOL NUTRITION ROCKS!



## MAY 3<sup>RD</sup>

CELEBRATE SCHOOL LUNCH HERO DAY.  
SCHOOL NUTRITION STAFF  
ROCK & ROLL!



### SCHOOL LUNCH HERO DAY

Mon	Tues	Wed	Thurs	Fri
		1 Mini Pancakes & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Taco Crunch Lettuce & Cheese Refried Beans Mexican Salsa Fresh Fruit Salad Milk	2 Tornado & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Crispy Chicken Sandwich Catalina Blend Potato Wedges Grapes Milk	3 Long John Donut & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Choice of Pizza Garden Salad Peaches Pudding w/Fruit Milk
6 Scrambled Eggs & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Mini Corn Dogs Mac & Cheese Hot Vegetables Apple Wedges Milk	7 Breakfast Sandwich or Cereal & Toast Fresh Fruit & Juice Milk ----- Pepperoni Bosco Breadsticks Catalina Vegetables Mixed Fruit Milk	8 French Toast Sticks & Syrup or Cereal & Toast Fresh Fruit & Juice Milk ----- Pulled Pork Sandwich Coleslaw Baked Beans Pineapple Milk	9 Biscuit & Gravy or Cereal & Toast Fresh Fruit & Juice Milk ----- Chicken Nuggets w/Mini Biscuit Broccoli & Cheese Peaches Milk	10 Muffin & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Choice of Pizza Pasta Garden Vegetables Banana Milk

**Available Daily for Lunch**

- Garden Bar
- PB & J Sandwich w/Cheese Stick
- Chef Salad w/Crackers
- Deli Sandwich

Menus Subject to Change  
This institution is an equal opportunity provider.



Pay online or monitor  
account at:  
myschoolbucks.com

**Milk Served Daily**

- Skim Milk
- 1% Milk
- Fat Free Strawberry Milk
- Fat Free Chocolate Milk



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Mon	Tues	Wed	Thurs	Fri
13 Scrambled Eggs & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Hamburger or Cheeseburger Potato Wedges Riviera Vegetables Pears Milk	14 Breakfast Sandwich or Cereal & Toast Fresh Fruit & Juice Milk <b>Brunch Lunch</b> Biscuit & Gravy Sausage Links Hashbrown Orange Wedges Milk	15 Dutch Waffle & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Spaghetti Garlic Bread Steamed Broccoli Corn Strawberries Milk	16 Tornado & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- BBQ Chicken Sandwich Cheesy Hashbrown Casserole Catalina Vegetables Blueberry Fluff Milk	17 No School
20 Scrambled Eggs & Toast or Cereal & Toast Fresh Fruit & Juice Milk ----- Bosco Breadsticks Marinara Sauce Corn Banana w/Pudding Milk	21 Manager's Choice or Cereal & Toast Fresh Fruit & Juice Milk ----- Manager's Choice of Choice of Vegetable Choice of Fruit Milk	22 <b>3 Hr Early Release</b> Manager's Choice or Cereal & Toast Fresh Fruit & Juice Milk ----- Manager's Choice Choice of Vegetable Choice of Fruit Milk	23 No School	24 No School
27 No School	28	29	30	31

Have a great Summer!  
JCPS Nutrition Staff



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